



## Multi-disciplinary Outreaching Support Teams for the Elderly (MOSTE)



### Elderly & Health Service Centre

- Wan Chai Methodist Centre for the Seniors
- Methodist Southern Centre for the Elderly
- Methodist Agile Mind Centre
- Methodist Rejoice Centre
- Methodist Cheer Centre
- Integrated Home Care Service Team
- Methodist Church Wisdom Hub
- Multi-disciplinary Outreaching Support Teams for the Elderly
- Integrated Discharge Support Program for Elderly Patients [(Eastern, Wan Chai, Central and Western, Southern)]
- Methodist Community Care Centre(Eastern)
- Methodist Kin Lok Centre
- Methodist Grace Centre
- Eastern Enhanced Home and Community Care Services
- Pilot Scheme on Support for Elderly Persons Discharged from Public Hospitals after Treatment
- Methodist Wellness Centre
- Wan Chai District Centre Express
- Methodist Ap Lei Chau Centre (Home Care Service)

#### Multi-disciplinary Outreaching Support Teams for the Elderly (MOSTE)

Contact Us  
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Methodist Centre - Elderly & Health Volunteer Service



Methodist Centre - Elderly & Health



### Fee

- Free of charge

### Withdrawal

Residents or service users who:

- Moved away from the service target group of private RCHes, contract RCHes (including the DCUs attached to contract RCHes), Bought Place Scheme on Day Care Units for the Elderly (BPDCU) and self-financing RCHes and self-financing NHs
- Admitted to Subsidised Residential Care Services for the Elderly
- Self withdrawal
- Deceased



- Methodist Centre
- Methodist Centre operates 16 service units in the elderly throughout the area of Hong Kong Island, which provide various service to the elders.
- In February 2019, the Social Welfare Department launched a four-year Pilot Scheme on Multi-disciplinary Outreaching Support Teams for the Elderly. The pilot scheme has been regularised since 15 February 2023 and renamed as Multi-disciplinary Outreaching Support Team for the Elderly (Hong Kong East).

### Service Regional Cluster

- Hong Kong East Cluster (Eastern and Wan Chai)

### Target Group

- Residents of private RCHes
- Residents or service users of contract RCHes (including the DCUs attached to contract RCHes), Bought Place Scheme on Day Care Units for the Elderly (BPDCU) and self-financing RCHes and self-financing NHs

### Application

- Direct Application from service users
- Application from family member of service users
- Referral from staff/ responsible person of related RCHes/ DCUs/NHs
- Referral from professional teams: Community Geriatric Assessment Team/ Community Psychogeriatric Team / Visiting Health Teams/ Visiting Medical Practitioner Service for Residential Care Homes, etc.

### Service hour

- Monday to Saturday 9:00a.m. - 5:00p.m.
- Sunday and Public holidays Closed

### Service Team

- Social workers, occupational therapists, physiotherapists, speech therapists, rehabilitation assistant and welfare workers

### Service Purpose

- With the mission of 'To live out Christian values, serve people with love, embrace justice and mercy, and co-build an inclusive society', Methodist Centre offers a holistic care to the elders and their carers, with a tailored and innovative approach.

### Service Objectives

- To support the social and rehabilitation needs of residents some parts missing.
- To enhance the social connection for residents of RCHes and improve the quality of life.

## Professional Services

Physiotherapy



Occupational Therapy



Speech Therapy



Social Activities

